

Published based on [Embracing Truth; Experiencing Freedom](#)

Embracing Truth; Experiencing Freedom

A few days ago, I wrote about truth.

- Truth is still truth whether you acknowledge it or not.
- Jesus is truth.
- Jesus said that known truth would make us free.

David, in a conversation with God, said

Surely you desire truth in the inner parts ;

you teach me wisdom in the inmost place (Psalm 51:6).

Other translations render inner parts as "innermost being". God desires us to know truth from the inside out.

Our message at church on Sunday was about denial. We talked about how we all revert to using denial at times. For example, we refuse to step onto the scales so we don't have to face the number which represents our weight. Or we don't balance our checkbook because we are afraid of or dread to see the balance. And we could go on and on.

David, a man after God's own heart, spent a year in sin and disobedience after he committed adultery with Bathsheba and then had her husband murdered before he finally came to truth inside himself and cried out to God for forgiveness. It was on this occasion that he acknowledged, "Surely, God, you desire truth in my innermost being."

There were still difficult days ahead for David but that moment was his turning point. God met him at his point of inner truth and began to restore his soul.

Inner truth, acknowledged and acted upon, brings wisdom. Wisdom, according to Proverbs, is our teacher and will guard our steps from destruction.

Is there an area of your life (and there always is) where you need to embrace inner truth? Sometimes that inner truth is not blatant sin as David's was. Sometimes it is the acknowledgment of pain or disappointment in others or even in God Himself.

Almost two years ago I reached a point of acknowledging my present inner truth and I cried out to God, feeling He had forsaken me and abandoned me. I was angry and depressed. It began a gradual shift. Slowly I began my wrestling match with God which I would leave, as Jacob did, with a limp. God is not offended when we honestly wrestle with him in a journey to know truth. He already knows what is in our hearts. When we acknowledge it and face our inner truth, then we have reached the beginning point of a deeper journey to know God.

Let's all continue to open our hearts unto the Holy Spirit who will lead us into all truth, remembering that his ministry is not condemnation which pushes us away from the heart of God, but conviction which draws us to God to find "mercy and grace to help us in our time of need."

If David had stayed bound in his guilt and shame (which he had even though he had not truly acknowledged his sin), he would never had been able to accept God's love and go on to know God in even deeper ways and become known as the "man after God's own heart."

Will you pray this prayer along with me?

"Lord, give us grace to acknowledge truth in our innermost being believing that known truth will bring true freedom in our lives."

You can also find this article published on [Embracing Truth: Experiencing Freedom](#), and on the tag pages [denial](#), [Freedom](#), [Jacob](#), [John 8](#), [John 8:33](#), [limp](#), [Psalm 51](#), [Psalm 51:6](#), [truth](#).